

Minnesota Medical Association Plan Summary and Cost of Coverage

Association life insurance can be a cost effective way to provide life insurance benefits and help protect your family and finances in the event something happens to you.

With 10-Year or 20-Year Level Term Life Insurance, your individual premium remains level for the initial term under the plan, and will not increase during the initial term due to your age or health status. Your coverage remains level for the limited term under the 10 or 20-year plan and will not be reduced due to your age.

Eligibility

As a Minnesota Medical Association member,¹ you and your spouse/domestic partner are eligible to apply for a 10-year level term policy if you are up to and including the age of 65, or a 20-year level term policy if you are up to and including the age of 55. You may also apply for coverage for your eligible, dependent children.²

Maximum benefit amount

For You and Your Spouse/Domestic Partner

Age	Amount
Up to and including the age of 65	10-year level term policy for an amount up to \$1,000,000, in \$10,000 increments
Up to and including the age of 55	20-year level term policy for an amount up to \$10,000, in \$10,000 increments

For Your Dependent Children²

Flat Amount	\$10,000
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Plus, members may select accidental death and dismemberment coverage equal to the life amount.

Additional plan benefits

Life insurance can be a critical first step in helping to ensure your family's financial wellbeing. With your 10-year or 20-year level term life insurance coverage, you get access to meaningful features to help you make the right decisions to manage what life may bring, at no additional cost to you.

Valuable built-in features

Will Preparation Services⁴

Offers you and your spouse/domestic partner unlimited face-to-face or telephone meetings with an attorney, from MetLife Legal Plans' network of over 18,000 participating attorneys, to prepare or update a will, living will, and Power of Attorney.

Estate Resolution Services⁴

Estate representatives and beneficiaries may receive unlimited face-to-face legal assistance with probating your and your spouse/domestic partner's estate. Beneficiaries can also consult an attorney, from MetLife Legal Plans' network of over 18,000 participating attorneys, for general questions about the probate process.



Grief Counseling⁵

Provides you and your dependents up to five private counseling sessions with a professional grief counselor — per event — to help cope with a loss, no matter the circumstances, whether it's a death, an illness or divorce. Sessions may also be held over the phone.

Funeral Planning Assistance⁵

Services designed to simplify the funeral planning process for your loved ones and beneficiaries to assist them with organizing an event that will honor a loved one's life from a self-paced funeral planning guide to services such as locating funeral homes, florists and local support groups.

Total Control Account^{®7}

The Total Control Account (TCA) is a settlement option that provides your loved ones with a safe and convenient way to manage life insurance proceeds. They'll have the convenience of immediate access to any or all of their proceeds through an interest bearing account with unlimited check-writing privileges. The Total Control Account also allows beneficiaries time to decide what to do with their proceeds.

Dignity Memorial^{®11}

Provides discounts of up to 10% off of funeral, cremation and cemetery services, expert assistance to help guide you and your family in making confident decisions, planning services to help make final wishes easier to manage, and bereavement travel services to assist with time-sensitive travel arrangements.

Waiver of Premium

If you become disabled prior to age 60 and remain disabled for nine (9) continuous months, the company will waive your premium payments for as long as you continue to meet the definition of disability, or until the age of 75. If you recover and no longer meet the definition of disability, premium must again be paid when due.

Learn More

Is a medical exam required?

You must complete a standard application. When you apply, simply answer the health questions. Even if you have a health condition, you may still qualify. Depending on the amount applied for, a paramedical exam and blood test may be required, which will be scheduled at your convenience and at no cost to you.

Will these plans pay in addition to other coverage?

Yes. This plan pays in addition to any other insurance coverage you have. The plan also stays with you until your coverage ends — even if you are no longer a Minnesota Medical Association member.

What are my options when my 10-year or 20-year term comes to an end?

Depending on your age and health, you may qualify to apply for another 10-year or 20-year level term plan at the current rate for your age at the time of enrollment. If not, you will be automatically enrolled in annual renewable term life insurance from Metropolitan Life Insurance Company. Your benefit amount will remain the same, but the cost of insurance will change and increase annually. Please see the certificate of insurance for details.

How long can my coverage continue?

Your coverage can continue as long as you have not reached the end of a 10-year or 20-year period, you pay your premium when due, remain a member, have not reached age 75, remain in an eligible class, the insurance continues for your class, and the policy remains in force. Please see the certificate of insurance for details.

Would I have the ability to continue coverage, should my plan end?

Yes, in many instances. If your insurance ends for a reason other than non-payment of your premiums, you may be able to convert your coverage into an individual life insurance policy from Metropolitan Life Insurance Company or an affiliate without providing evidence of insurability. Please see the certificate of insurance for details, including eligibility for conversion and amount of coverage that may be converted.

Rates at a glance


10-year Level Term, semi-annual non-tobacco rates for Preferred and Select classes

Issue Age	Coverage Amounts \$200,000 to \$490,000		Coverage Amounts \$500,000 to \$1,000,000	
	Preferred (Non-Tobacco)	Select (Non Tobacco)	Preferred (Non-Tobacco)	Select (Non Tobacco)
18-26	\$0.205	\$0.251	\$0.164	\$0.218
27	\$0.208	\$0.257	\$0.167	\$0.224
28	\$0.213	\$0.266	\$0.172	\$0.233
29	\$0.219	\$0.276	\$0.178	\$0.243
30	\$0.227	\$0.289	\$0.186	\$0.256
31	\$0.237	\$0.305	\$0.196	\$0.272
32	\$0.249	\$0.324	\$0.208	\$0.291
33	\$0.262	\$0.346	\$0.221	\$0.313
34	\$0.277	\$0.369	\$0.236	\$0.336
35	\$0.293	\$0.394	\$0.252	\$0.362
36	\$0.310	\$0.422	\$0.269	\$0.389
37	\$0.329	\$0.452	\$0.288	\$0.419
38	\$0.349	\$0.483	\$0.308	\$0.450
39	\$0.371	\$0.518	\$0.330	\$0.485
40	\$0.395	\$0.557	\$0.354	\$0.524
41	\$0.421	\$0.598	\$0.380	\$0.565
42	\$0.448	\$0.642	\$0.407	\$0.609
43	\$0.478	\$0.688	\$0.437	\$0.655
44	\$0.509	\$0.737	\$0.468	\$0.704
45	\$0.573	\$0.821	\$0.516	\$0.771
46	\$0.606	\$0.872	\$0.548	\$0.823
47	\$0.640	\$0.927	\$0.582	\$0.877
48	\$0.676	\$0.985	\$0.618	\$0.936
49	\$0.707	\$1.036	\$0.649	\$0.986
50	\$0.751	\$1.108	\$0.693	\$1.058
51	\$0.808	\$1.199	\$0.750	\$1.149
52	\$0.859	\$1.282	\$0.801	\$1.233
53	\$0.915	\$1.373	\$0.857	\$1.323
54	\$0.966	\$1.452	\$0.908	\$1.403
55	\$1.033	\$1.559	\$0.975	\$1.509
56	\$1.114	\$1.690	\$1.057	\$1.641
57	\$1.189	\$1.809	\$1.132	\$1.760
58	\$1.274	\$1.943	\$1.216	\$1.893
59	\$1.354	\$2.069	\$1.297	\$2.020
60	\$1.461	\$2.241	\$1.403	\$2.191

61	\$1.587	\$2.444	\$1.530	\$2.394
62	\$1.704	\$2.633	\$1.646	\$2.583
63	\$1.852	\$2.869	\$1.794	\$2.819
64	\$2.024	\$3.137	\$1.966	\$3.087
65	\$2.289	\$3.550	\$2.231	\$3.500

20-year Level Term, Non-Smoker Preferred and Select Semi-annual Rates:

Issue Age	Coverage Amounts \$200,000 to \$490,000		Coverage Amounts \$500,000 to \$1,000,000	
	Preferred (Non-Tobacco)	Select (Non Tobacco)	Preferred (Non-Tobacco)	Select (Non Tobacco)
18-26	\$0.285	\$0.339	\$0.228	\$0.294
27	\$0.289	\$0.347	\$0.232	\$0.302
28	\$0.296	\$0.363	\$0.239	\$0.318
29	\$0.305	\$0.375	\$0.248	\$0.330
30	\$0.321	\$0.391	\$0.263	\$0.347
31	\$0.340	\$0.416	\$0.281	\$0.371
32	\$0.355	\$0.450	\$0.297	\$0.404
33	\$0.371	\$0.494	\$0.313	\$0.446
34	\$0.404	\$0.532	\$0.344	\$0.485
35	\$0.428	\$0.569	\$0.368	\$0.523
36	\$0.456	\$0.619	\$0.396	\$0.571
37	\$0.484	\$0.666	\$0.424	\$0.618
38	\$0.520	\$0.727	\$0.459	\$0.678
39	\$0.550	\$0.786	\$0.489	\$0.736
40	\$0.596	\$0.848	\$0.534	\$0.798
41	\$0.635	\$0.919	\$0.573	\$0.868
42	\$0.682	\$0.998	\$0.619	\$0.947
43	\$0.736	\$1.067	\$0.673	\$1.016
44	\$0.783	\$1.156	\$0.720	\$1.105
45	\$0.883	\$1.294	\$0.795	\$1.215
46	\$0.948	\$1.382	\$0.857	\$1.305
47	\$1.014	\$1.479	\$0.922	\$1.400
48	\$1.066	\$1.594	\$0.974	\$1.514
49	\$1.122	\$1.684	\$1.030	\$1.603
50	\$1.200	\$1.801	\$1.108	\$1.720
51	\$1.311	\$1.961	\$1.217	\$1.879
52	\$1.395	\$2.112	\$1.301	\$2.031
53	\$1.498	\$2.273	\$1.403	\$2.190
54	\$1.591	\$2.413	\$1.496	\$2.331
55	\$1.790	\$2.673	\$1.689	\$2.588



Rates are subject to change. Rates shown are the semi-annual premiums for preferred non-smoker and select non-smoker rates for select ages. For other ages not shown or standard smoker rates, contact the plan administrator Member Advantage. At the end of the 10-year or 20-year level premium period you have the option to renew or continue your coverage depending on your age at an increased premium and subject to insurability. Coverage ends no later than age 75.

\$10,000 coverage for dependent children² is available at an additional \$12 semi-annually for each child.

Accidental death and dismemberment is available at an additional \$0.24 per \$1,000 of coverage semi-annually .

How do I pay for my coverage?

You can pay semi-annual or annually by check or EFT (electronic fund transfer). Please contact the plan administrator Benafica at 1-651-369-5031 or affinity@benafica.com for information about your payment options.

Are there any exclusions to my coverage?

Yes. Benefits will not be paid if the member's or dependent's death occurs from suicide within 1 year from the date life insurance for you takes effect.

Are there any exclusions to my accidental death and dismemberment coverage?

Yes. For accidental death and dismemberment the plan will not pay benefits for any loss caused or contributed by:

- physical or mental illness or infirmity, or the diagnosis or treatment of such illness or infirmity;
- infection, other than infection occurring in an external accidental wound or from food poisoning;
- suicide or attempted suicide (In Missouri, such exclusion only applies while the person is sane);
- intentionally self-inflicted injury;
- service in the armed forces of any country or international authority. However, service in reserve forces does not constitute service in the armed forces, unless in connection with such reserve service an individual is on active military duty as determined by the applicable military authority other than weekend or summer training. For purposes of this provision reserve forces are defined as reserve forces of any branch of the military of the United States or of any other country or international authority, including but not limited to the National Guard of the United States or the national guard of any other country;
- injuries received while traveling by air (except as specifically provided) / any incident related to:
 - travel in an aircraft as a pilot, crew member, flight student or while acting in any capacity other than as a passenger;
 - travel in an aircraft for the purpose of parachuting or otherwise exiting from such aircraft while it is in flight;
 - parachuting or otherwise exiting from an aircraft while such aircraft is in flight, except for self-preservation;
 - travel in an aircraft or device used:
 - for testing or experimental purposes;
 - by or for any military authority; or
 - for travel or designed for travel beyond the earth's atmosphere;
- committing or attempting to commit a felony;
- the voluntary intake or use by any means of:
 - any drug, medication or sedative, unless it is:
 - taken or used as prescribed by a Physician, or
 - an "over the counter" drug, medication or sedative taken as directed; or

- alcohol in combination with any drug, medication, or sedative; or
- poison, gas, or fumes;
- the voluntary use of illegal drugs; the intentional taking of over the counter medication not in accordance with recommended dosage and warning instructions; and intentional misuse of prescription drugs;
- war, whether declared or undeclared; or
- act of war, insurrection, rebellion or active participation in a riot.

In addition, the plan will not pay benefits for any loss if the injured party is intoxicated at the time of the incident and is the operator of a vehicle or other device involved in the incident. **Intoxicated** means that the injured person's blood alcohol level met or exceeded the level that creates a legal presumption of intoxication under the laws of the jurisdiction in which the incident occurred.

1. You must be a member in good standing of the Minnesota Medical Association to qualify for this insurance plan.
2. Refers to your dependent children from 6-months-old through age 19, 30 if a full-time student. Dependent Child(ren) coverage is for Annual Renewable Term Life Insurance (not Level Term).
4. Will Preparation and MetLife Estate Resolution Services are offered by MetLife Legal Plans, Inc., Cleveland, Ohio. In certain states, legal services benefits are provided through insurance coverage underwritten by Metropolitan General Insurance Company, Warwick, Rhode Island. For New York situated cases, the Will Preparation service is an expanded offering that includes office consultations and telephone advice for certain other legal matters beyond Will Preparation. Tax Planning and preparation of Living Trusts are not covered by the Will Preparation Service. Certain services are not covered by Estate Resolution Services, including matters in which there is a conflict of interest between the executor and any beneficiary or heir and the estate; any disputes with the group policyholder, MetLife and/or any of its affiliates; any disputes involving statutory benefits; will contests or litigation outside probate court; appeals; court costs, filing fees, recording fees, transcripts, witness fees, expenses to a third party, judgments or fines; and frivolous or unethical matters.
5. Grief Counseling and Funeral Planning Assistance are provided through an agreement with TELUS Health. TELUS Health is not an affiliate of MetLife, and the services TELUS Health provides are separate and apart from the insurance provided by MetLife. TELUS Health has a nationwide network of over 30,000 counselors. Counselors have master's or doctoral degrees and are licensed professionals. The Grief Counseling program does not provide support for issues such as: domestic issues, parenting issues, or marital/relationship issues (other than a finalized divorce). This program is available to insureds, their dependents and beneficiaries who have received a serious medical diagnosis or suffered a loss. Events that may result in a loss are not covered under this program unless and until such loss has occurred. Services are not available in all jurisdictions and are subject to regulatory approval. Not available on all policy forms.
7. Subject to state law, and/or group policyholder direction, the Total Control Account is provided for all Life and AD&D benefits of \$5,000 or more. The assets backing the Total Control Account (TCA) are maintained in the general account of MetLife or the Issuing Insurance Company. These general accounts are subject to the creditors of MetLife or the respective Issuing Insurance Company. MetLife or the Issuing Insurance Company bears the investment experience of such assets and expects to earn income sufficient to pay interest to TCA Accountholders and to make a profit on the operation of the TCAs. Regardless of the investment experience of such assets, the effective annual rate on the Account will not be less than the rate guaranteed on the welcome guide. The TCA and other available settlement options are not bank products and are not insured by the FDIC or any other governmental agency. In addition, while the funds in your account are not insured by the FDIC, they are guaranteed by each state's insurance guarantee association. The coverage limits vary by state. Please contact the National Organization of Life and Health Insurance Guaranty Associations (www.NOLHGA.com or 703-481-5206) to learn more. FOR FURTHER INFORMATION, PLEASE CONTACT YOUR STATE DEPARTMENT OF INSURANCE.
11. Services and discounts are provided through a member of the Dignity Memorial® Network, a brand name used to identify a network of licensed funeral, cremation and cemetery providers that are affiliates of Service Corporation International (together with its affiliates, "SCI"), 1929 Allen Parkway, Houston, Texas. The online planning site is provided by SCI Shared Resources, LLC. SCI is not affiliated with MetLife, and the services provided by Dignity Memorial members are separate and apart from the insurance provided by MetLife. Not available in some states.

Planning services, expert assistance, and bereavement travel services are available to anyone regardless of affiliation with MetLife. Discounts through Dignity Memorial's network of funeral providers are pre-negotiated. Not available where prohibited by law. The discount is available for services offered in any state except KY and NY, or where there is no Dignity Memorial presence (AK, MT, ND, SD, and WY). For MI and TN, the discount is available for "At Need" services only.

Coverage may not be available in all states. Please contact the administrator Benafica at 1-651-369-5031 for more information.

Rates may be changed on the entire group plan or on a class basis and on any premium due date on which benefits are changed. A class is a group of people defined in the group policy/exhibits. Benefits are subject to change upon agreement between Metropolitan Life Insurance Company and the participating organization.

The association and/or the plan administrator incurs costs in connection with providing oversight and administrative support for this sponsored plan. To provide and maintain this valuable membership benefit, MetLife may compensate the association and/or the plan administrator for these and/or other costs.

All applications for coverage are subject to review and approval by MetLife. MetLife will review your information and evaluate your request for coverage based upon your answers to the health questions, MetLife's underwriting rules and other information you authorize us to review. In certain cases, MetLife may request additional information to evaluate your request for coverage. Coverage will be effective in accordance with the applicable policy and certificate after approval by MetLife.

Nothing in these materials is intended to be advice for a particular situation or individual. Please consult with your own advisors for such advice. Like most insurance policies, insurance policies offered by MetLife and its affiliates contain certain exclusions, exceptions, reductions, limitations, waiting periods and terms for keeping them in force. Please contact your plan administrator Benafica at 1-651-369-5031 for costs and complete details.

MetLife Group Term Life insurance and AD&D is issued by Metropolitan Life Insurance Company, 200 Park Avenue, New York, NY 10166, under Policy Form GPNP15-2T.

Policy number 258634-1-G

Metropolitan Life Insurance Company | 200 Park Avenue | New York, NY 10166
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Navigating life together